COLSTRIP SENIOR CENTER MENU SEPTEMBER 2023 PLEASE CALL BY 10:30am 406-748-3525

Center opens from 9:30 to 3:30 Monday-Friday
Suggested Senior Donation \$4.00
Non-Senior Guests are \$7.00
All meals served with coffee, tea, juice, water, or milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|-------------------------|-------------------------------|--------------------------|-------------------|
| 4. | 5. | 6. MOVIES/SHAC CRAFTS | 7. PUBLIC HEALTH | 8. |
| CENTER CLOSED FOR | | | | |
| LABOR DAY | HOT HAM&CHEESE KAISERS | BEEF ENCHILADAS | CHEF SALAD WITH VEGGIES, | |
| SENIOR POTLUCK @ | GREEN SALAD, CHIPS | VEGGIE FIXINGS | CHEESE, EGGS, MEAT, | LEFTOVER SURPRISE |
| NOON | FRUIT | FRUIT | FRUIT | |
| | | | | |
| 11. BINGO | 12 COA MEETING COLSTRIP | 13. SENIOR CLUB MEETING | 14. BLOOD PRESSURE | 15. |
| | SUPER NACHOS W/MEAT, | LUAU PARTY! | | |
| GRILLED BURGERS | BEANS, LETTUCE, TOMATO, | MEATBALL&PINEAPPLE | PORK CHOPS | LEFTOVER SURPRISE |
| VEGGIE FIXINGS | OLIVES, ONIONS, SALSA, | SKEWER | MASHED | |
| FRUIT | FRUIT | COCONUT PUDDING | POTATOES&GRAVY | |
| DESSERT | | PINEAPPLE UPSIDE DOWN CAKE | CORN, FRUIT, ROLL | |
| 18. BINGO | 19. | 20. MOVIES&MUNCHIES | 21. PUBLIC HEALTH | 22. |
| POPCORN CHICKEN SALAD | BBQ PORK RIBS | CHICKEN FRIED STEAK | | |
| MANDARIN ORANGES | DEVILED EGGS | MASHED | HOMEMADE LUNCHABLE | LEFTOVER SURPRISE |
| FRESH FRUIT | PASTA SALAD | POTATOES&GRAVY | MEAT, CHEESE, & | |
| HOT VEGGIE | FRUIT, VEGGIE | HOT VEGGIE, FRUIT | CRACKERS | |
| DESSERT | | DESSERT | COOKIE, VEGGIES, FRUIT | |
| 25. BINGO | 26. | 27. MOVIES&MUNCHIES | 28. PUBLIC HEALTH | 29. |
| BBQ CHICKEN | HAM&SPLIT PEA SOUP | SHRIMP ALFREDO | CABBAGE ROLLS | |
| BAKED BEANS | HOMEMADE BREAD | GREEN BEANS | SALAD | LEFTOVER SURPRISE |
| FRESH FRUIT | SALAD | GARLIC ROLLS | FRUIT, ROLL | |
| SALAD, DESSERT | FRUIT | GREEN SALAD, FRUIT | DESSERT | |
| | DESSERT | | | |